



Winter Issue 2006



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CEO Report Training Bulletin Required Reading

This update is the main communication from EMP Canada to you. It announces important training standards and procedures changes and clarifies those that are established. It is a requirement of your membership commitment that you keep abreast of standards by reviewing the information contained in these quarterly updates. Implementation and standards mailing dates vary for members served in different provinces

We Thank You!

EMP Canada wants to thank our Training Centres, Trainers and Instructor members for your continued support which has resulted in our agency becoming a significant force within the MEDIC FIRST AID® industry. It has been a long hard uphill battle and we are pleased to identify that all of our courses are now recognized from coast to coast by the WCB / OH&S offices throughout Canada. As previously mentioned, those same courses also carry the Human Resources Development Health Canada Labour Canada recognitions which means that we are able to teach any and all federal employees throughout this nation. The Health Canada Labour Canada rulings also open the door to the national transportation industry, all bank employees, federal employees such as the tax department, parks departments, fisheries departments and airport authorities, etc.

Again, we thank you our members for the hard work that you have extended which has allowed us to achieve the credibility that we now have from coast to coast. With this in mind, **there are flyers contained with this CEO Report offering our members a special one time only opportunity to purchase videos, Instructor guides, and other teaching aids at tremendously discounted prices.** Please take advantage of these opportunities as it is our way of saying thank you very, very much for all you have done during the past twelve months and beyond.

Also, as another way of saying thank you, the Instructor 2007 Teaching Status Renewal is free of charge when proof of Version 6 update is attached to the Instructor Renewal Application.

During the last three months, we have prepared and mailed three CEO Reports with the main goal/purpose of keeping you, our members, aware of the changes that are taking place within the MEDIC FIRST AID® industry. The following are some of the main topics:

- The revised CPR 2005 ILCOR standards recently promulgated by Canadian Heart and Stroke Foundation
- The revised MEDIC FIRST AID® Version 6 materials which incorporate the new ILCOR standards.
- EMP Canada Instructor renewal process for 2007 (**free of charge special**)

NO CHARGE

New Standards and New Materials

So let's begin with the first two items which from EMP Canada's point of view, are interlocked. Generally speaking, there is a grace period within which to implement the new standards and that goes through to January 2007. However, our MFA Version 6 materials are already in place and have received approval from Human Resource Development Health Canada, Labour Canada as well as Alberta Human Resource Workplace Health and Safety.

In addition, we have submitted these same materials to WCB/BC for approval of our Workplace Level One program. We expect the approval letter from WCB/BC before the end of October. Further, we have submitted these same materials to WSIB Ontario and we are awaiting their approval which we anticipate may be forthcoming before the 15th of November 2006.

How do we update?

For the most part, the EMP Canada instructor membership is using the home-study method to update to Version 6. The cost is just under \$100 which includes the complete home-study update package.

- update pack identifying the old standard – the new standard and the rationale for the change
- instructor Emergency and Standard Version 6 guides
- student training Version 6 DVD or VHS

The regular price of this material is \$500 BUT the introductory sale price, good through until December 20, 2006, is \$99.85. This provides the instructor with all she or he needs to conduct their student training. Without a question, these materials are the best teaching media/aids presently available in the MEDIC FIRST AID® industry.

The Update Process

The self-study method can be completed in about three to four hours, at the end of which, there is an exam to complete. At this point, the Version 6 instructor application form, along with the academic exam, needs to be shipped to EMP Canada for registration purposes. On review of the exam, a letter will be sent confirming your instructor status in Version 6. This will also act as a renewal of your teaching status for 2007 (free of charge).

More information on this subject can be found in this CEO Report Membership 2007 Renewal.

Updates for BC will be available as soon as the WorkPlace Level One materials are approved by WCB BC.

Renewal of your EMP Teaching Status and Current Membership

Once again it is time to renew your Instructor Teaching Status to continue teaching the MEDIC FIRST AID® System. To assist you we are attaching your 2007 Membership Renewal Application form. Remember, re-registration must be completed every year and presently applies to those whose memberships expire on December 31, 2006. The **fee is no charge** for those who have completed their Version 6 update. The application needs to be completed and sent to EMP Canada prior to the date your present certification expires December 31, 2006.

Update training will continue to occur periodically and is dictated by revisions to consensus guidelines made by medical authorities. This ensures that MFA Facilitators are renewed and kept updated which is vital for both you, our membership and EMP Canada. Once we receive your renewal application the EMP Registry will forward your teaching status decals. Please fix the decals to the back of your present card. If you include a photo a new certification card will be sent to you.

Completion of the Version 6 update can be used as credit against your Instructor Renewal fee for 2007. All you need to do is complete and sign the attached Instructor Renewal Form and return it to us with proof of your Version 6 update completion.

If you have questions or concerns in this regard contact EMP Canada at (250) 656-1468 or by email empcanada@shaw.ca

Important Notice re Evaluation/Monitoring Forms

Instructor certification in the MFA Version 6 System requires that the Version 6 Update be completed either Self Study or Trainer led class room sessions. In either case, the knowledge Review exam is required to be completed and returned to EMP Canada along with the Instructor Application and the Instructor Evaluation/Monitoring forms. It is important to understand that the Instructor Evaluation/Monitoring forms are required by the Provincial OH&S and to be submitted every 12 months. With this in mind the Version 6 application and or the Instructor 2007 Teaching Status Renewal **can be accompanied by either Version 5 or Version 6 Instructor Evaluation/Monitoring forms**. The forms evaluate the instructors general performance not the specific version of MFA material.

More Information On Content

Both the instructor and the student materials incorporate AED (Automated External Defibrillation) training skills. These same skills are included on the DVD and VHS presentations but for the time being, must be taught separate to the Emergency and Standard courses. To further explain, none of the Occupational First Aid provincial governing WCB/OH&S offices have accepted AED training at the Emergency and/or Standard levels. For the moment, it is only included in their Advanced training programs except, when it is taught to the general community, i.e. other than Occupational First Aid purposes.

What about the costs of the update and the costs of the DVD/VHS student training systems?

We are offering an introductory price as follows:

Version 6 DVD/VHS Introductory Offer

- DVD or VHS student training systems – price \$39.95
- Version 6 Instructor Guide complete with Emergency and Standard guides – price \$39.95
- Version 6 Update Package with PowerPoint CD-ROM – price \$19.95

Offer expires December 20, 2006

Where and when can we attend Trainer delivered Update sessions?

Version 6.0 Instructor Update Sessions will be held at the following locations.

- Edmonton 2006
- Calgary 2006 See notice on page 5
- Toronto 2006
- Sudbury 2006

For final dates and locations please go to EMP Canada's web site www.firstaidtraining.com or email us at empcanada@shaw.ca.

Training Centre and Trainer Information Concerning Instructor Certification

The following is a reminder of the paper trail that is needed to be provided along with instructor application forms. The first important item is to ensure confirmation is enclosed concerning the applicant's medical background.

- Copy of EMR/EMT-A paramedic certification card
- Instructor status with another recognized national/international agency (copy of certification card)
- Copies of skill evaluation sheets and academic exams, in particular the CCIRG exam and the 100 question academic exam.
- Ensure instructor application form is completed in full and signed. The instructor agreement forms need also to be signed and attached with the application.
- The instructor monitoring form that is completed as the applicant teaches an actual segment of the program to a group of students. It gauges the applicant's performance as to whether it is satisfactory.
- Proof of liability and errors & omissions insurance

The need to forward all of the above documentation with each of the instructor applications that are mailed to EMP Canada is readily apparent. In order for us to certify the instructor to teach, we must review the above documentation. We hope this will assist all of our trainers and Training Centres which in turn will speed up the turn around of instructor applications.

2005 Guidelines (ILCOR) – A Brief Overview

This overview will provide our membership with a brief summary of the changes that are integrated into MEDIC FIRST AID® training program materials. These changes are based on information from the 2005 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations (COSTAR) Conference.

Not all changes are listed in this overview. A complete list of updated CPR and first aid guidelines, including the rationale for change, will be covered in the instructor update lessons. The new guidelines will improve the way that people perform CPR, but they in no way indicate that the 2000 Guidelines for CPR are ineffective or harmful. The improved techniques outlined in the new guidelines are based on scientific evidence and should make it easier to learn CPR and other emergency care skills.

The new "simpler is better" approach supported by research and scientific experts reinforces the methodology MEDIC FIRST AID® has been teaching for years. By creating a student-centred, low-stress learning environment with ample hands-on practice and an outcome-based evaluation, people will be better prepared for actual emergencies.



**Confined Space
Safety Training**

**Courses in Toronto,
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Revised Update Process for Version 6.0

In order to ensure that your MEDIC FIRST AID® training courses provide your students with the latest medical guidelines, it is in your best interest to update to Version 6.0 program materials **as soon as possible**. The update consists of three modules and a series of knowledge review questions.

The modules will include the following:

- 2005 CPR and first aid guidelines, including the **new guidelines, old guidelines** and **rationale for the change**
- how the new guidelines effect MEDIC FIRST AID® training program

Overview of MEDIC FIRST AID® Instructional Design

- to update, instructors will have two options to choose from - the paper (hard copy) update - - and the physical hands-on seminar

Paper Update Packet

- Should you not wish to, or are not able to complete the hands-on trainer led update; you will need to order an update packet from EMP Canada. The update packet includes the three update modules, a written knowledge review, an answer sheet and an update application. Once the update packet has been received, review the modules, and complete the written knowledge review using the included answer sheet. To finalize the update process, you will need to return the complete answer sheet and update application to EMP Canada in Sidney, BC. Your answers will be graded – you must answer 80% correctly to pass and confirmation of your successful completion will be forwarded to you immediately.

Update Seminar Version 6.0

- This CEO Report includes information as to the locations of the update sessions that will be conducted in most of the major cities throughout Canada during October 2006.

Instructor Update – Good for all Programs

- The Version 6.0 instructor update gives instructors the knowledge necessary to teach using the new 2005 Guidelines and updated MEDIC FIRST AID® instructional design. As long as you are currently an EMP Canada Version 5 instructor, the process of updating is quite simple. You will need only to secure a Version 6.0 instructor guide **not the instructor registry handbook** but the instructor guide only. **The instructor guides along with the VHS training videos/DVDs are available at greatly discounted prices to make the cross-over process simple and economically viable.**

New Instructor Cards

- New instructor cards will not be sent out upon completion of the Version 6.0 update. Because the instructor cards are not version-specific, the instructor card you currently hold is good through the renewal date indicated on the card. However, in order to renew your instructor training status for 2007, **it will be necessary that you substantiate that the Version 6.0 update has been completed.** Additional data on this is included in this CEO Report.

What about the costs of the update and the costs of the DVD/VHS student training systems?

We are offering an introductory price as follows:

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- DVD or VHS student training systems – price \$39.95
- Version 6 Instructor Guide complete with Emergency and Standard guides – price \$39.95
- Version 6 Update Package – price \$19.95

Regualr price of this complete system \$500.00 sale price \$99.85

Offer expires December 20, 2006

It is important to recognize that the Get Specific videos can be used in conjunction with the Version 6 DVD or VHS. Due to the nature of the specific subjects they are acceptable under the present consensus standards

Update Seminars

For those who prefer to attend a workshop, there are updates being held across Canada and more data on this is available on our website www.firstaidtraining.com. These update seminars allow for discussion of the specific rules and regulations of each of the provincial governing bodies. The actual update process is the same as the self-study system, which in essence identifies the old standard – the new standard and the rationale for the changes. Once again, the update seminars are listed in this CEO Report as well as on our website.

Nova Scotia

Nova Scotia Construction Safety Association
To Be Announced

Sudbury - Contact Sue Fitzulak (705) 694-3239
November 26, 2006

Mississauga - to register call 1-888-840-3456
October 28, 2006

Bow Valley College, Calgary
To register call (403) 410-1400

Edmonton - November 25, 2006

Location - Grant MacEwan Community College Millwoods Campus
7319 - 29 Ave, Edmonton, Alberta

To Register - Contact EMP Canada at (250) 656-1468 by Fax (250) 656-5613
by email empcanada@shaw.ca

Administrative Notes EMP Canada Rules and Regulations

RECORDS OF ALL MFA TRAINING MUST BE MAINTAINED

A copy of all rosters (written or electronically generated) Class Evaluations, Statement of Understanding, and Instructor or Trainer applications must be submitted to EMP Canada and second copy kept in a training file maintained by the Authorized Instructor, Trainer, or Master.

Effective January 1, 2003 all rosters and class evaluations are to be received by EMP Canada no later than 30 dayakjs after course completion date.

EMP Canada staff review all of the rosters and class evaluations as they arrive from our members across the nation. This function is an integral component of the Quality Assurance process that helps us to maintain the credibility of the EMP Programs. Unfortunately, over a period of time some of us have fallen into the habit of grouping the rosters and evaluations. That is sending in rosters and evaluations for classes conducted over a period of several months.

To correct this situation, **Effective January 1, 2003 all rosters and class evaluations are required to be received by EMP Canada no later than 30 days after course completion date.**

Please ensure that ROSTERS include the following information

**Course Description
Date Course Completed
Instructor Name and Number Clearly Printed
Student Names Legibly written**

This helps our certification department to input the information into our computer registry

First Aid Videos Get Specific

Have you ever had a request for more detailed first aid training for heart attacks, strokes or allergic reactions? Do you train in areas where workers are at higher than normal risk for hypothermia, snake bites or specific types of injuries such as amputations or burns? With the release of the MEDIC FIRST AID® **Specific First Aid Topic Series**, you will have no problem meeting those requests.

Divided into two topic categories – **Illness and Injury** – the new series of 21 supplementary video programs easily integrate into the MEDIC FIRST AID® Basic Version 5 training system. To use, simply the videos within the managing specific first aid topic segment in each program.

Instructors have the option of selecting topics specific to their needs. For example, clients in cold weather locations might benefit from the “**Exposure to Cold**” program, which details basic treatment options for hypothermia and frostbite. The **Injury Programs** – which include topics on **Amputation and Impalements** – are an ideal fit for industrial work sites where heavy machinery increases the risks of those types of injuries.

The videos run under ten minutes, and follow a fairly uniform structure. We have timed scenarios on multiple topic vignettes setting numerous industrial, office and site specific locations are followed by bulleted instructions on how to conduct a patient history and assessment. As more titles become available, I will mention them in coming CEO Reports. For the time being, the following are those that are now on hand in our Sidney, BC office.

- Physical Assessment and Patient History
- Responding to Allergic Reactions
- Responding to Asthma
- Responding to Bites and Stings
- Responding to Seizures
- Responding to Strokes
- Responding to Heart Attacks
- Responding to Poisoning
- Exposure to Cold

Please see the attached flyers for a special sale price relating to these Version 5 Get Specific Topic videos and take advantage of the great buys that are now available for the Christmas season.

Version 6 Instructor Student Certification good for 3 Years

Due to increasing external pressures from those who are seeking harmonization of MEDIC FIRST AID® Certification expiry time frames. Version 6 has new Instructor and Student Standards

Version 6 Instructor and Student Certifications will be issued for a period not to exceed 3 years. These standards will take effect as Version 6 commences to be taught in Canada approximately October 1, 2006. It will only apply to Version 6 courses and will not effect any of the Mark III, Mark IV, or Version 5.0 Certifications

This change in certification standards will only apply where Provincial standards permit. Check with EMP Canada if you are unsure of your Provincial legislation.

*** *extract from Version 6 Instructor Guide* ***

Instructor Requirements

Instructor status indicates the Instructors current standing and ability to instruct the MEDIC FIRST AID® Basic Emergency Training Program. If Instructors do not meet re-certification obligations or have documented violations of administrative guidelines, a change in Instructor Status may occur.

- Instructor Certification is issued for 3 years.
- To validate teaching status for an initial instructor certification, instructors must provide EMP Canada **with proof of insurance**. To remain in current Teaching Status proof of insurance is required with the renewal application each year.
- To remain current, an application for renewal of Teaching Status and EMP Membership is completed and signed each year.
- Instructors must have a **program monitored by an EMP Trainer each year** to remain in current Teaching Status.
- **Instructor Re-certification is completed every 3 years by one of the following methods:**
 - Self-Study program that includes administrative and emergency care knowledge written evaluation, Practical skills evaluationis conducted by an EMP Canada certified Trainer in current teaching status.
 - Online Self-Study program that includes administrative and emergency care knowledge written evaluation, **Practical skills evaluationis conducted by an EMP Canada certified Trainer in current teaching status.**
 - Formal Re-Certification program that includes administrative and emergency care knowledge written evaluation, Practical skills evaluationis conducted by an EMP Canada certified Trainer in current teaching status.

Automated External Defibrillators

New Defibrillator from Philips

The FDA has approved the new Philips HeartStart FRX Defibrillator for sale. This new Defibrillator is designed to be easy to use, rugged and reliable. The FRX contains most of the features HeartStart OnSite Defibrillator and is easy to use. In addition, the FRX incorporates many of the characteristics of the HeartSafe FR2+ which has been a standard of durability over the years. The FRX can withstand jetting water, crushing weights of 500 pounds, and a one-metre drop onto concrete. This new Defibrillator saves critical time in an emergency with pre-connected pads that can be used on both **adults and children**.

This device features an infant/child key that allows for use of standard pads on children by reducing the shock energy level and providing special CPR instructions for pediatric use. This feature reduces the overall cost of owning the device because only one type of pad is necessary.

The FRX uses an infrared data port to transfer information to a personal computer or a PDA using the Palm OS platform to provide a mobile, wireless solution for data management. As with all HeartStart Defibrillators, the FRX uses **SMART biphasic technology** to deliver a highly effective shock. Using **SMART** analysis to assess the heart rhythm, the FRX will deliver a shock only when appropriate. What's more, **SMART** pads enable the FRX to keep pace with the Responders by automatically adjusting to their actions. Contact EMP Canada for additional information or pricing

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WEB AT**

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